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 Mr. & Mrs. Arnold G. Shurkin, in honor of Amaya Groffman’s celebration on August 20, 2006  
 Theresa Silk

Snyder High School  
 Christine Sorrentino  
 Ralph Sosa  
 John H. Stankik, Jr.  
 Kristin Stephan  
 Sabrina G. Stephen  
 Mr. & Mrs. Richard Stern, in honor of Amaya Groffman’s adoption, conversion, and naming  
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 Rabbi & Mrs. Laurence Groffman, in honor of Rabbi Deborah Brave, for all she did for Amaya Groffman’s conversion and naming.  
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 Anne R. & David A. Wolfe

*Children represent one quarter of our population and 100% of our future.*  
 --US Senator Christopher J. Dodd

Hudson Cradle is qualified by the IRS to receive contributions which are deductible for federal income tax purposes. This charitable organization is registered with the Attorney General of the State of New Jersey. Information may be obtained by calling 973-504-6215. For more information about Hudson Cradle, please call

**201  
 332-7879**

# Hudson Cradle Infant Home Crib Notes

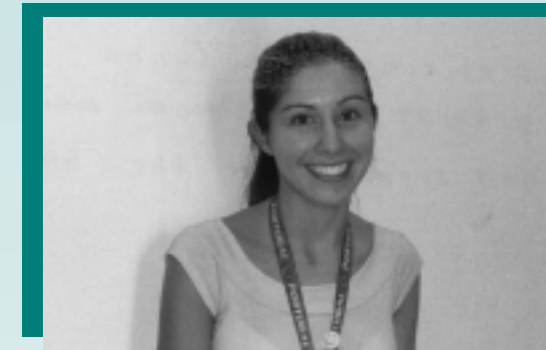
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 September 2006

**It’s Here! ...Visit Us at ... HudsonCradle.org**

**For more information about HUDSON CRADLE, please call 201 332 7879.**

*Does your company participate in the United Way appeal? And would you like to help support the Hudson Cradle babies? If yes, just write in “Hudson Cradle Inc.” and our zip code “07305”.*

## ICAP DEVELOPMENT AND HEALTH SERVICES



*Dietician Gina Cunha provides nutrition monitoring and support for the babies.*

Thanks to the incredible generosity of ICAP, Hudson Cradle was able to implement a vastly expanded development and health program for our babies. Early support for parts of the program was also provided by a Special Purposes Grant from the State of New Jersey, Peter Ryby & Kristin Kesnowski, and the Capital Group. On behalf of the Hudson Cradle babies, thank you ICAP! With support from ICAP, twice a week a pediatric occupational therapist (POT)

evaluates and then treats the babies. The POT works to restore function, assist babies in reaching their developmental milestones and in exploring their environment. The POT assesses balance and postural reactions, muscle tone, and strength, body awareness. She helps the babies play better, comfort

*(Continued on page 2.)*

## ANONYMOUS DROP-OFF FOR UNWANTED INFANTS

In New Jersey, the Safe Haven Infant Protection Act allows an individual to give up an unwanted infant with no fear of arrest or prosecution. No names or records are required. The parents – or someone acting on their behalf – can bring a baby less than 30 days old to any hospital emergency room or police station. The Division of Youth and Family Services will immediately take the child into custody and place the infant in a foster or pre-adoptive home. For more information: 1-877-839-2339. For a more nationwide perspective go to: [www.nationalsafehavenalliance.org](http://www.nationalsafehavenalliance.org).

## SHAKEN BABY SYNDROME

**From the National Center on Shaken Baby Syndrome**  
 Shaken Baby Syndrome (SBS) is the collection of signs and symptoms resulting from the violent shaking of an infant or small child. It is a form of child abuse. In America every year an estimated 1,200 - 1,400 children are shaken for whom treatment is sought. Of these tiny victims, 25 -30% die as a result of their injuries. The rest will have lifelong complications. It is likely that many more babies suffer from the effects of SBS yet no one knows because SBS victims rarely have any external evidence of trauma. Never Shake A Baby!

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## ICAP DEVELOPMENT AND HEALTH SERVICES

(Continued from page 1.)

themselves better (some babies muscles are so tight they can't even bring their hands to their mouths for sucking and self-comfort), and use their senses (vision and touch) better. She uses swaddling, massage, pacifiers, and swings to help the babies 'integrate' better (poor sensory integration is a real problem for drug-exposed babies). She also teaches nurses, caregivers and parents these interventions, so babies can benefit beyond individual POT sessions. The drug exposed babies seem to especially enjoy the infant massage the POT provides. For one of the baby's with a misshapen head the POT helped us identify a provider of special helmets.

Thanks to ICAP, the infant teacher works with the babies one to three days per week. She looks at each infant holistically and then follows their lead implementing activities including music and sound, touch and texture, water play, fine and gross motor activities, reading, art and scribble, outdoor play, 'field trips', and baby Einstein DVDs. The infant teacher also assesses each baby using standardized assessment tools (ASQ:SE/Early LAP). The infant teacher works with staff, parents and volunteers to assist in integrating infant education services through out the day. The infant teacher is also responsible for coordinating activities with the occupational therapist and music therapist. One of our volunteers said the best day she ever had at Hudson Cradle was helping the infant teacher with water play in our tiny wading pool.

The Music Therapist comes three times a month to work with the babies thanks to ICAPs support. Her overall goal for the babies is to enable them to experience joy through music. This is done through individual and group sessions. Depending on the baby's state, she might sing lullabies, use different instruments and other sound makers, help the babies play the instruments and move to the various rhythms, and create a sense of more comprehensive music making. Almost from the beginning the babies seem to have favorite songs and sounds. One of the baby's loves the sound of the steel drums. Another really likes the song "Rock Around the Clock."

The Dietician provides each baby with a pediatric nutritional assessment that includes items like current diet, gastrointestinal issues, growth parameters, and recommendations. She reviews each baby's medical history and determines how it impacts nutritional status. She also educates staff and families. Thanks to funding from ICAP, she works two to seven hours per month. Her special attention to the baby's nutritional status has allowed us to better and more quickly adjust diets as needed.

ICAPs assistance supports the pediatrician visiting one weekend day per week. She provides the babies with a complete examination, provides preventative care with nutritional, growth and developmental assessment, treats acute and chronic problems, orders therapies and other ancillary services as needed, and makes necessary referrals to specialists. She is also available for consultation at all times. Her presence on the weekend and 24-hour availability is reassuring for the staff.



Occupational therapist, Anne McLean works with baby.

### New York Board of Trade Futures & Options for Kids

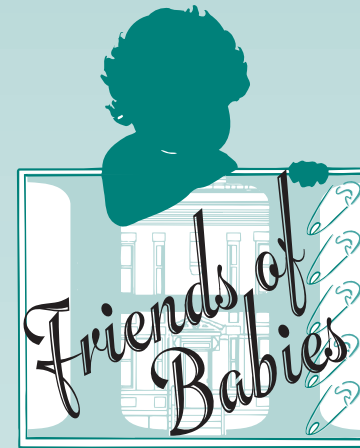
The New York Board of Trade Futures & Options for Kids recently provided a \$2700 grant to Hudson Cradle for baby basics including diapers, wipes, nipples, and changing table paper. Thank you Futures & Options for Kids!

### HOSSEIN AMIRSALEH FOUNDATION

The Hossein Amirsaleh Foundation provided a grant to Hudson Cradle to upgrade our intercom system as well as obtain items off our wish list. Thank you Hossein Amirsaleh Foundation!

## Taste of Hudson Big Success!

Taste of Hudson took place April 6, 2006 and was attended by approximately 500 people. The event collected almost \$82,500 to help support Hudson Cradle's infant home. Hudson Cradle thanks all the restaurants and others who participated: American BD; Aramark; Arthurs Landing; BaGua Juice; Bar Majestic; Casa Dante; CATB Liquor Import; C-Side Restaurant; Cyn Ful Treasures; Edwards Steakhouse; Emerson Coffee Shop; Fizzy Lizzy; The Green Cow; Hudson County Community College Culinary Arts Institute; Jersey City Board of Education; Komegashi Japanese Restaurant; Liberty Health Jersey City Medical Center; Liberty House Restaurant; Light Horse Tavern; Make Wine With Us; Markers; The Merchant; Miller Brewing; Nu-Way Concessionaire; OddFellows Rest Louisiana Bar & Restaurant; PJ Ryans; The Pointe; Porto Leggero; Pronto Cena ; Starbucks, The Vu; and, Word of Mouth Catering /15 Fox Place. Our lead sponsor was once again Paulus, Sokolowski & Sartor / KeySpan Services, and additional corporate sponsors joined them to graciously contribute to the underwriting of the event: Fidelity Investments, Goldman Sachs, Harwood Properties, Honeywell, The Provident Bank Foundation, The Silver Family Foundation, Hudson County Community College, Metrovest, North Fork Foundation, Verizon and Waters, McPherson, McNeill, P.C. As always, thanks to John Christian Colaneri Entertainment's band for providing the evening's music for all of the past 16 years and to Mack-Cali for providing us with such a lovely event space.



Thanks to all of Hudson Cradle's supporters.

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